

# Vacuum squeezing via polarization self-rotation and excess noise in hot Rb vapors

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We present experimental and theoretical analysis of quantum fluctuation in a vacuum field in the presence of orthogonal linearly polarized pump field propagating through a Rb vapor cell. Previously reported theoretical and experimental studies provided somewhat contradictory conclusions regarding the possibility to observe the “squeezed vacuum” – the reduction of vacuum fluctuations below standard quantum limit – in this system. Here, using the D1 transitions of Rb in a cell without buffer as an example, we demonstrate that vacuum squeezing is corrupted by incoherent processes (such as spontaneous emission, elastic scattering, etc.), and its observation is only possible in a specific small region of the experimental parameter space. Numerical simulations, in good agreement with the experiment, demonstrate that the two excited state hyperfine levels play a crucial role in the squeezing and excess noise production. The significant influence of far-detuned atoms on the field fluctuations at low noise frequencies imposes the explicit consideration of the full velocity distribution of the atomic vapor.

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As a consequence of Quantum Mechanics, any optical measurement that uses coherent light is fundamentally shot-noise limited. Not surprisingly, there is a lot of interest in ways to reduce the measurement noise beyond this limit using the so-called “squeezed” states of light [1].

The two orthogonal quadratures of the electromagnetic field are continuous variables that quantum-mechanically correspond to the non-commuting quadrature operators  $S_{\pm}$  [1, 2]. The Heisenberg uncertainty principle dictates that the variances of the two quadratures obey:  $\langle \Delta S_+ \rangle^2 \langle \Delta S_- \rangle^2 \geq \hbar^2/4$ . For an optical field in a coherent state, the fluctuation spectra of both quadratures are equal and correspond to the minimum allowed uncertainty. This minimum level of fluctuations, that is the same for a vacuum field, is often called the “standard quantum limit” (SQL). However, fluctuations in one of the quadratures may drop below the SQL as long as fluctuations in the other quadrature increase to compensate - this is the characteristic property of squeezed light. Squeezed light states are very fragile since optical losses and incoherent fluctuations added to the squeezed quadrature reduce the amount of squeezing.

One of the most common ways to produce squeezed light relies on parametric down conversion [1]. In this process one pump photon is converted to a pair of photons of lower frequency. Due to conservation laws the frequency and momenta of the generated photons are strongly correlated. While this method became a standard tool in nonlinear and quantum optics, it remains relatively complicated and expensive. It is particularly challenging for generation of squeezed light in near-IR spectral region for atomic physics applications, even though significant progress has been made in the recent years [3, 4, 5, 6].

Recently, several research groups [7, 8, 9, 10, 11] explored another method for generation of squeezed vacuum that is based on the rotation of elliptically polarized

light as a result of propagation through an isotropic optical material (when no external electric or magnetic field present). Such polarization self-rotation (PSR) is a nonlinear optical effect that occurs in many optical media, but it is particularly strong near resonant optical transitions in alkali metal atoms, where even a small difference in resonant frequency due to different AC-Stark shifts of two circular components produces detectable variation in their relative refractive index [12, 13, 14]. Classically the PSR disappears for linearly polarized light; however, on the quantum level the effect persists, changing the statistics of the vacuum field in the orthogonal polarization via cross-phase modulation between two initially independent circular components. This results in quadrature vacuum squeezing (VS) in the orthogonal polarization at the medium output [14, 15]. The advantages of this method are the relative simplicity of the experimental apparatus (Fig. 1(a)) and the fact that the squeezed vacuum is automatically generated at frequencies corresponding to atomic transitions.

The nonlinear light-atom interaction leading to VS via PSR corresponds (to the lowest order) to a four-photon parametric process involving the absorption of two photons of the linearly polarized pump field and the (correlated) emission of two photons symmetrically detuned from the pump field by the observed noise frequency (noise sidebands) with orthogonal polarization. This picture is particularly useful to address the spectral properties of the transmitted field noise in connection to the atomic level structure. The simplest level scheme where such a process can take place is the four level configuration shown in Fig. 1(b). In this system, a linearly polarized pump field couples two (Zeeman) ground states  $|\pm\rangle$  with two different excited states  $|e_{1,2}\rangle$ . The other two transitions from ground to excited states correspond to the orthogonal polarization. Because of the difference in coupling and detuning of the two driven optical transi-

tions, the energies of the ground states  $|\pm\rangle$  can be slightly different as a consequence of differential AC Stark shifts. The vacuum fluctuations, in the orthogonal polarization, at a frequency corresponding to the ground state energy splitting, are in two-photon resonance. Under this condition, the parametric four-wave process can efficiently produce phase-dependent correlation between the noise sidebands leading to the possibility of squeezing. The sideband bandwidth for potential vacuum squeezing is determined by the decoherence rate of the ground states which depends on the intensity and frequency of the pump field and on the instrumental limitations for the ground-state lifetime. An important characteristic of this configuration is the absence of any “trap” state for atomic population. Without the far-detuned excited state  $|e_2\rangle$ , the parametric process would be impossible due to trapping of atoms in state  $|-\rangle$  due to optical pumping. The presence of the fourth level allows the “recycling” of population. In addition, the asymmetry of the two transitions in terms of Rabi frequency and detuning results in different AC Stark shifts of the ground states, potentially allowing for the efficient correlation between noise sidebands at low frequencies.

A few recent experiments reported observation of VS via PSR squeezing on different transitions in Rb [7, 8]. However, the amount of observed squeezing was significantly smaller than predicted, and some experimental efforts failed to observe any squeezing at all [9, 10]. All these measurements were degraded by excess noise caused by interaction of light and atoms, which was not accounted for in the original theory. In this manuscript we present experimental and theoretical study of the noise quadratures of light in PSR squeezing configuration after its propagation through the cell, and analyze their dependencies on atomic density, laser power and detuning.

**Experimental Setup.** The schematic of the experiment is shown in Fig. 1(a). A commercial Vortex external cavity diode laser ( $\approx 7$  mW total power) served as a master laser for injection-locked high-power slave laser diode, increasing laser power at the cell up to  $\approx 40$  mW. No additional noise associated with the locking process was observed. The laser was tuned across the Rb  $D_1$  line  $5^2S_{1/2} \rightarrow 5^2P_{1/2}$  ( $\lambda \simeq 795$  nm). Before entering the cell the laser beam passed through a high quality Glan polarizer (GP) to purify its linear polarization. A half-wave plate ( $\lambda/2$ ) placed before the input polarization beam splitter allowed for smooth adjustments of the pump field intensity. A pair of lenses L focused the laser beam inside a cylindrical Pyrex cell with the estimated minimum laser beam diameter inside the cell of  $0.175 \pm 0.015$  mm FWHM. The cell contained isotopically enriched  $^{87}\text{Rb}$  vapor, its length and diameter were correspondingly 75 mm and 22 mm, and its windows were tilted at about  $10^\circ$  to prevent backward reflections. The cell was mounted inside a three-layer magnetic shielding to minimize stray magnetic fields, and the Rb vapor density was controlled by changing the temperature of the cell using a resistive

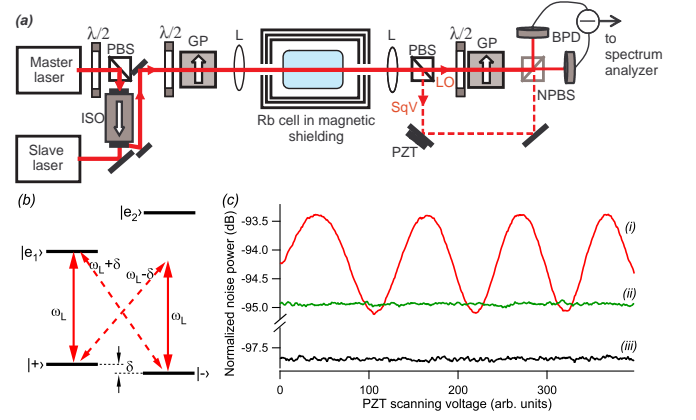


FIG. 1: (a) Schematic of the experimental setup (see the text for details). (b) Simplified four-level scheme used to explain the vacuum squeezing via PSR. (c) Example of the detected quadrature noise (i) dependence on the relative local oscillator phase (controlled by PZT scanning of the mirror); shot noise (ii) and technical noise of the spectrum analyzer (iii) are also shown. The data is taken at 1.36 MHz sideband frequency (RBW=100kHz, VBW=30Hz). The laser frequency is near  $F = 2 \rightarrow F' = 2$ , and the temperature of the cell is  $59^\circ\text{C}$  ( $N = 2.3 \cdot 10^{11} \text{ cm}^{-3}$ ).

heater wrapped around the innermost magnetic shield.

After the cell the electromagnetic field in orthogonal polarization (hereafter designated as vacuum field) was separated on a polarizing beam splitter (PBS), and its noise properties were analyzed using homodyne detection. The transmitted pump field played the role of a local oscillator (LO), which was attenuated and brought to the same polarization as the vacuum field using another Glan polarizer and a half wave plate combo. We then mixed these two fields at a 50/50 non-polarizing beam splitter (NPBS), and directed the resulting two beams to a home-made balanced photodetector (BPD) with a transimpedance gain of  $10^4$  V/A, 1 MHz 3 dB bandwidth and electronic noise floor located at 6 dB below shot noise at low frequencies. The BPD incorporated two matched Hamamatsu S5106 photodiodes with quantum efficiency  $\eta = 87\%$  and a low noise high bandwidth TI OPA842 operational amplifier.

**Experimental investigation of vacuum squeezing.** Fig. 1(c) shows typical dependence of the detected noise power on the LO relative phase controlled by a mirror placed on a piezo-ceramic transducer (PZT). As the LO phase is scanned, the measured noise signal oscillates between minimum and maximum values corresponding to the detection of the quadrature with reduced or increased noise. One can see that the minimum value of noise falls below the shot noise limit, indicating that we have successfully produced squeezed vacuum. The level of shot noise was determined by blocking the squeezed vacuum input to the NPBS. However, one can also immediately see that this is not a minimum-uncertainty state, since the maximum noise power exceeds the shot noise limit

by a significantly larger amount than the reduction of the minimum noise below this limit.

Fig. 2(a) shows both minimum and maximum values of the noise quadrature as the laser frequency is tuned across all four atomic transitions of the  $^{87}\text{Rb}$  D1 line. For each measurement the phase of the local oscillator was locked to the corresponding extremum at 1.2 MHz by noise-locking technique [16] with 1 kHz dither frequency.

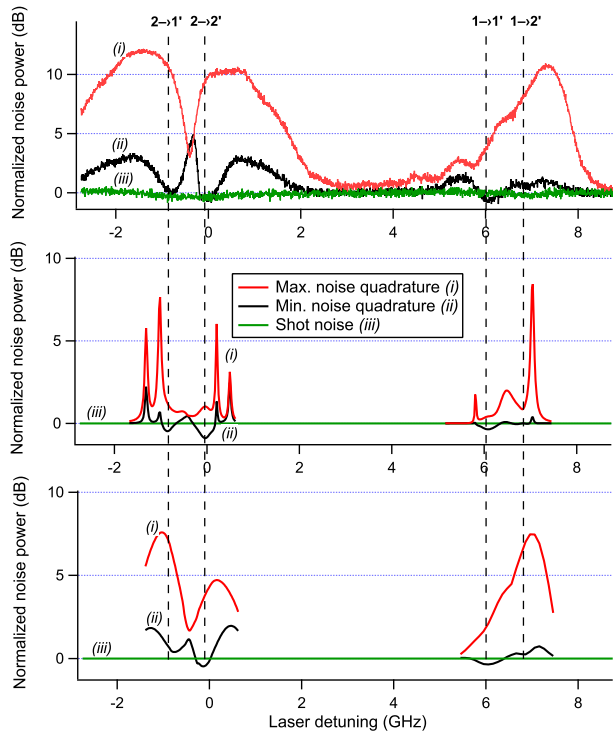


FIG. 2: (a) Experimental dependence of squeezed and anti-squeezed noise quadratures at 1.2 MHz on laser detuning as the laser frequency is scanned across all four transitions of  $^{87}\text{Rb}$  D1 line. (b) and (c) Theoretically calculated noise quadrature spectra for noise frequency  $\delta = 0.2\Gamma$  with and without Doppler averaging, correspondingly. For stationary atoms (no Doppler broadening, (b)) we used the following parameters: the Rabi frequency  $\Omega_f = 30\Gamma$ , ground state coherence decay rate  $\gamma_0 = 0.01\Gamma$ , and the cooperativity parameter  $C = 100$ . Same  $\Omega_f = 30\Gamma$  and  $\gamma_0 = 0.01\gamma$  were used for moving atoms ((c)), although the cooperativity parameters was increased to  $C = 1000$  to take into account distribution of atoms in different velocity groups (see discussion in the text).

It is easy to see that there is a large difference between the maximum and minimum noise quadrature values, showing that the detected noise indeed depends on the phase of the local oscillator. However, even the minimum quadrature falls below the shot noise limit only in a few small regions of laser frequency, and for the rest it exceeds this limit, sometimes by several dB. This excess noise results from the interaction of pump light with atoms. The existence of this excess noise complicates the observation of squeezing, since now to suppress the value of noise quadrature below the shot noise limit, the reduc-

tion of noise via PSR must overcome the additional noise due to interaction with atoms.

To study the balance between the squeezing via PSR and the atomic excess noise we have fixed the laser near  $F = 2 \rightarrow F' = 2$  transition, and then measure the minimum and maximum values of noise quadrature in a range of laser powers and atomic densities. The resulting dependence is shown in Fig. 3.

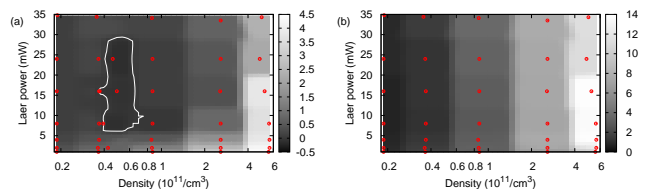


FIG. 3: Experimentally measured minimum (a) and maximum (b) values of the noise quadrature relative to shot noise (in dB) as functions of laser power and atomic density. The laser frequency is fixed at the  $F = 2 \rightarrow F' = 2$  transition, and the detection frequency is 1.2 MHz. Red circles indicates the experimental points with gradient extrapolation between these points. The white contour in (a) shows the parameter range where the minimum quadrature was lower than the shot noise.

The measurements show that at very low atomic density the difference between the minimum and maximum values of noise quadrature is small, but it grows monotonically with atomic density. However, the excess noise grows as well, and as a result squeezing occurs only in the narrow range of fairly low atomic densities. For higher densities even the minimum noise increases above the shot noise, reaching up to 4 – 6 dB of excess noise. Changes in the laser power produce similar behavior: for very low pump powers there is no squeezing, probably due to resonant absorption, the noise reaches its minimum in an intermediate power range, and then it increases again at higher powers.

Fig. 3(a) shows that for our experimental parameters VS occurs in a very small “island” of the parameter space, and only excess noise is measured elsewhere. This may explain the inconsistency between earlier experimental works [7, 8, 9, 10], since it is not hard to miss the optimal conditions for squeezing detection. We also noticed that the observation is quite sensitive to various experimental settings: for example, small longitudinal displacement of the laser focus inside the cell has changed the position of the “squeezing island” in the laser power/atomic density parameter plane.

**Numerical simulations of quantum noise.** The numerical simulations presented below are a direct extension of the procedure described in [11]. This model was developed for the calculation of the quadrature dependent noise power spectrum of two orthogonal polarizations of light traversing an atomic medium taking into account the complete Zeeman-sublevel structure of a

given two-level atomic transition. The atomic medium is characterized by the cooperativity parameter  $C = \frac{N\eta^2 L}{c\Gamma}$  where  $N$  is the number of atoms,  $L$  the sample length,  $c$  the speed of light in vacuum,  $\Gamma$  the excited state decay rate and  $\eta$  the characteristic atom-field coupling constant (half the single photon reduced Rabi frequency). In this calculation, the evolution of the operators describing the field and the atomic medium is described through Heisenberg-Langevin equations [17] thus explicitly taking into account quantum fluctuations of the atomic variables which are the source of excess noise [10, 11].

Previous work [11] focused on the quantum noise of light interacting with an individual hyperfine transition. Although spectral features corresponding to VS were predicted for some transitions, the results of these simulations differ significantly from the experimental observations reported here. A clear example of this difference is given by the fact such calculations predict no squeezing at the  $F = 1 \rightarrow F' = 1$  transition where squeezing is observed to be present (See Fig. 2). The origin of this discrepancy is in the oversimplification of the atomic level structure. We show in the following that the complete excited state hyperfine structure is essential for an accurate quantitative description of the light-atom interaction [13]. In consequence, we have extended the previous calculations [11] to include a realistic description of the  $^{87}\text{Rb}$  D1 line by including both transitions from a given ground state hyperfine level to the two excited state hyperfine levels (including the complete Zeeman substructure). The amplitude of the field is given by the reduced Rabi frequency  $\Omega_f$  of the fine transition  $5S_{1/2} \rightarrow 5P_{1/2}$ .

The key role played by off resonant excited state hyperfine transitions is clearly illustrated in Fig. 4 where both noise quadratures are shown for a pump field tuned at the  $F = 1 \rightarrow F' = 1$  transition. No squeezing is predicted when each individual transition is considered separately. However, a significant amount of squeezing, in agreement with our experimental observations, is predicted at low noise frequencies when both transitions are simultaneously taken into account.

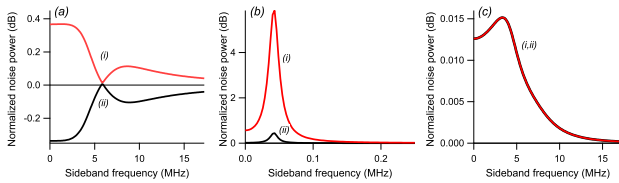


FIG. 4: Maximum (i) and minimum (ii) noise quadrature for the laser tuned to the  $F = 1 \rightarrow F' = 1$  transition, if (a) complete excited state hyperfine structure is included into the calculations, and individual contributions of the  $F = 1 \rightarrow F' = 2$  (b) and  $F = 1 \rightarrow F' = 1$  (c) transitions alone. ( $C = 100$ ,  $\Omega_f = 10\Gamma$ ,  $\gamma = 0.001\Gamma$ ,  $\Gamma = 2\pi \times 6\text{MHz}$ .)

The calculated noise power at noise frequency  $\delta = 0.2\Gamma$  ( $\approx 1.2\text{ MHz}$ ) on both the squeezed and anti-squeezed quadratures of the transmitted vacuum field as a function

of laser detuning is presented in Fig. 2(b) for a homogeneous ensemble of atoms at rest (cold atoms). Squeezing is present around the  $F = 2 \rightarrow F' = 1$ ,  $F = 2 \rightarrow F' = 2$  and  $F = 1 \rightarrow F' = 1$  transitions. Almost no squeezing is observed around the  $F = 1 \rightarrow F' = 2$  transition. An interesting feature of this plot concerns the sharp structures observed both on the squeezed and anti-squeezed noise spectra. As the optical detuning of the laser field is changed, the differential AC Stark shifts of the ground state Zeeman sublevels varies. For specific detunings and light intensities, the energy difference between AC Stark shifted sublevels is brought into resonance with the observed noise frequency giving rise to significant enhancement of the squeezing and excess noise. The width of the narrow structures is monotonically dependent on the ground state decoherence rate.

As observed in Fig. 2(b), even atoms largely detuned from the optical resonance can significantly contribute to the squeezing and excess noise spectra. In consequence, the accurate comparison with experimental results obtained in a vacuum cell, necessarily requires the consideration of the full atomic velocity distribution. We have numerically integrated the velocity dependent contributions of all atoms in the Doppler profile following the procedure described in [11]. The results are presented in Fig. 2c. For this calculation we have used the same parameters as for Fig. 2b except for the cooperativity parameter that was increased to  $C = 1000$  in order to maintain a significant number of atoms for each velocity class. As expected, the spectral features are smoothed and broadened and a significant reduction of the squeezing is observed in comparison with Fig. 2b. Considering that no fine tuning of the parameters was intended, the overall agreement between the experimental observation and the numerical simulation is quite satisfactory.

The contribution of far detuned atoms to the vacuum fluctuations depending on the noise frequency  $\delta$  is illustrated in Fig. 5(a) where the squeezed and anti-squeezed quadratures are calculated for atoms at rest ( $C = 100$ ,  $\Omega_f = 10\Gamma$ ,  $\gamma = 0.001\Gamma$ ) for two different noise frequencies  $\delta = 0$  and  $\delta = 0.2\Gamma$ . Notice the large contribution to the noise at zero frequency arising from atoms largely off resonance. We interpret the broad range of excess noise to resonant, nearly elastic scattering of photons from the pump field polarization into the orthogonal polarization. The experimentally measured noise spectrum plotted in Fig. 5(b) shows a similar trend.

**Outlook and conclusions.** Both theory and experiment agree that the excess noise resulting from light-atom interaction seriously limits the overall quantum noise suppression. Thus, to improve the performance of the PSR squeezing, it is crucial to identify ways to minimize the excess noise. For example, our numerical simulations with no Doppler broadening predict that vacuum squeezing can be improved by switching to cold atoms (see Fig. 2). Another option for improvement is to reduce the ground state relaxation rate by adding a small amount of a buffer gas to the Rb cell. While the

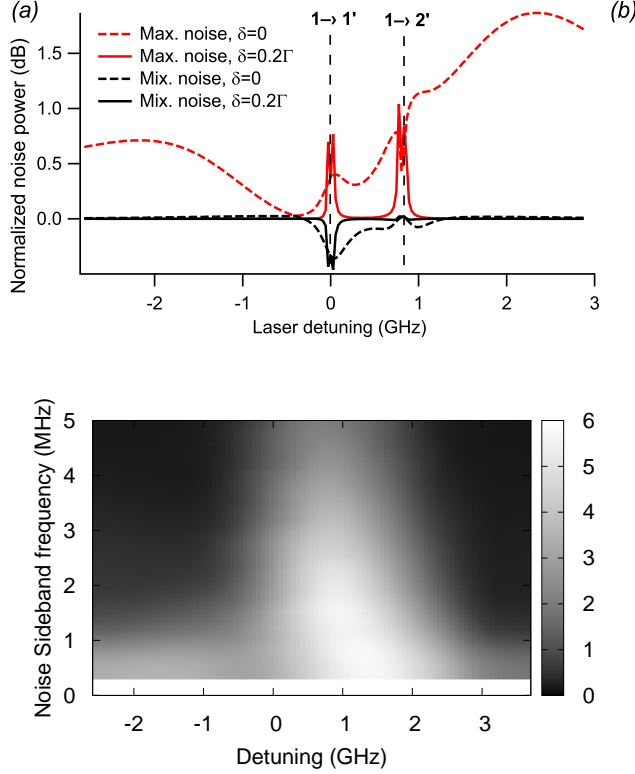


FIG. 5: (a) Calculated minimum and maximum noise power as a function of the laser detuning for noise sideband frequencies  $\delta = 0$  and  $\delta = 0.2\Gamma$  ( $C = 100$ ,  $\Omega_f = 10\Gamma$ ,  $\gamma = 0.001\Gamma$ , no Doppler average). (b) Experimentally measured maximum noise of the anti-squeezed quadrature relative to shot noise (in dB) as a function of the sideband frequency and laser detuning.

amount of self-rotation does not depend on ground-state coherence [15], smaller absorption should improve the observed squeezing. The highest squeezing to date was measured in a cell with 5 Torr of Ne buffer gas with the laser tuned near the  $F = 2 \rightarrow F' = 1$  transition (see Figure 6). While there is a clear improvement in the

squeezing performance when the buffer gas pressure is relatively low ( $\leq 5$  Torr), there should exist an optimal pressure. In the high-pressure limit the interaction of atoms with both excited states reduces the transparency, and can even lead to enhanced absorption [18].

In conclusion we present the experimental and theoretical analysis on noise characteristics of vacuum field propagating through the resonant atomic vapor under PSR conditions. We have found that even though it is possible to reduce the minimum quadrature noise below the standard quantum limit, the interaction of pump field with atoms adds some extra noise to the vacuum field, and makes the observation of squeezing possible only in a very narrow parameter space. The experimental observations are in very good agreement with the numerical

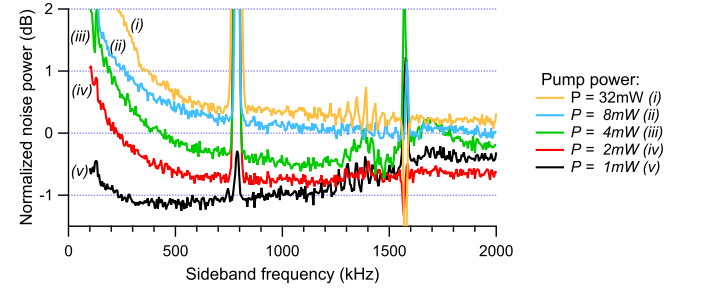


FIG. 6: Minimum quadrature noise vs sideband frequency for different pump power in the vapor cell containing  $^{87}\text{Rb}$  and 5 Torr of Ne buffer gas. Shot noise corresponds to 0 dB. Laser frequency is set to the optimum squeezing point near  $F = 1 \rightarrow F' = 2$ , and the temperature of the cell is  $69^\circ\text{C}$  ( $N = 5.1 \cdot 10^{11} \text{ cm}^{-3}$ ). Extra noise peaks at 700 and 1600 kHz are due to environmental noise.

simulations, in which the exact energy level structure and the Doppler effect due to atomic thermal motion were taken into account.

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